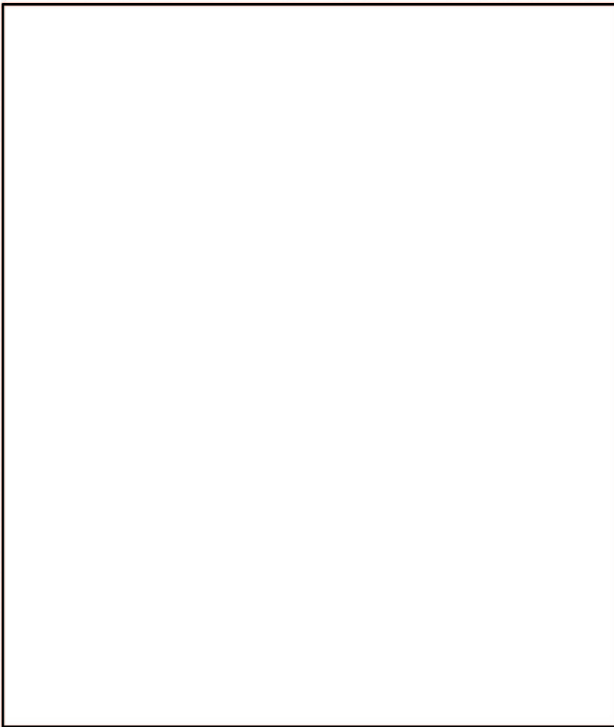


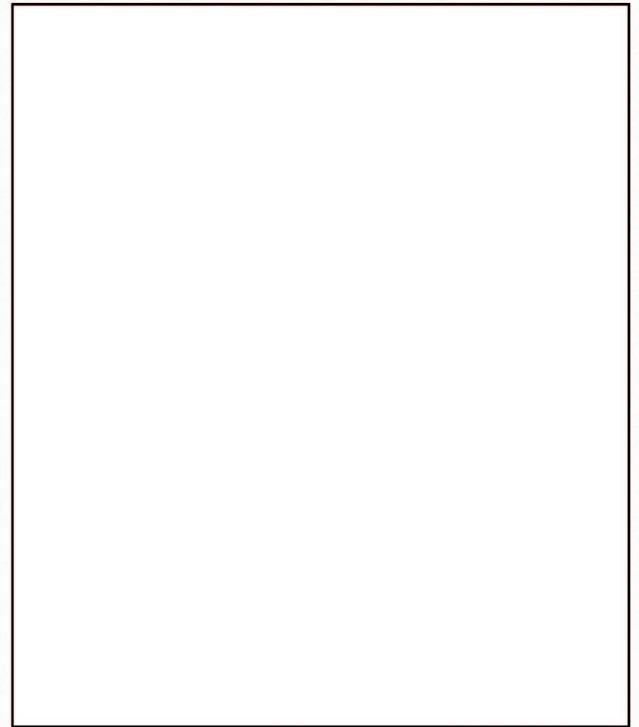


FIGHTING FEAR

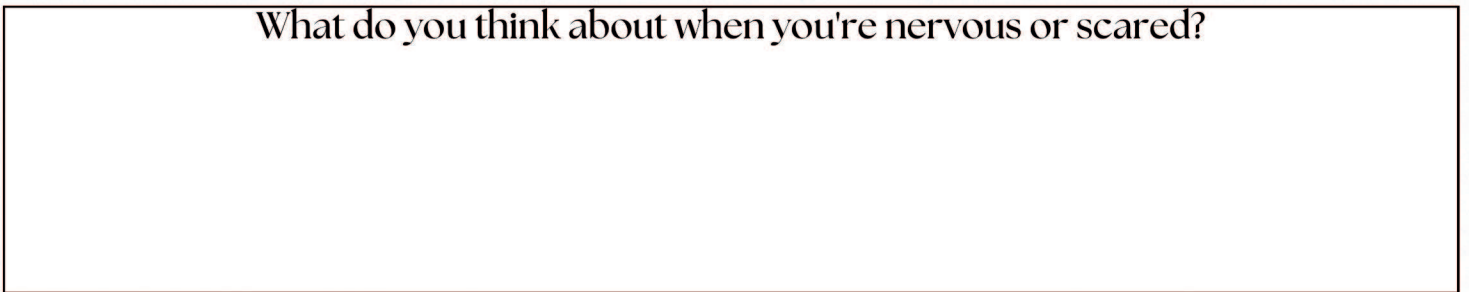
What makes you nervous or scared?



What can be done?



What do you think about when you're nervous or scared?



What is something you can do to feel better next time?

